

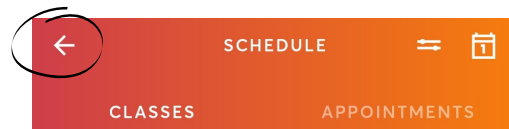
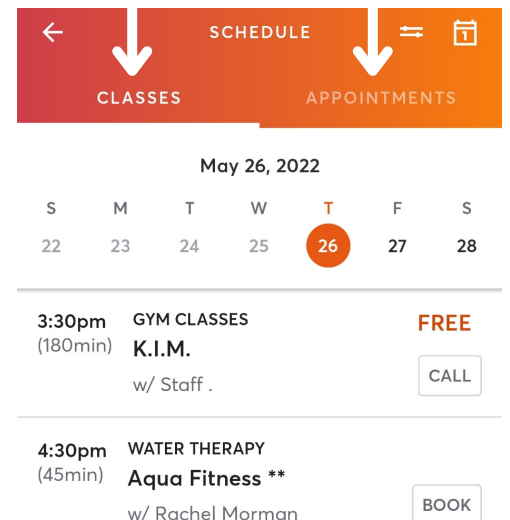
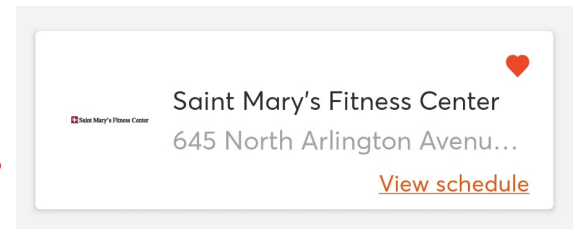




MINDBODY WORKSHOP

GETTING STARTED

- Open the MINDBODY App → 
 - Sign in with email & create a password
 - **"Favorite"** Saint Mary's Fitness Center →
 - Tap  in the right-hand corner
 - Tap on **Saint Mary's** to view "Classes" & "Appointments"
 - Scroll right or left on the calendar to change the date
 - Scroll up or down on the page to see classes
 - *These group classes are included in your membership. There is no additional charge to sign up for these activities.*
 - Tap **BOOK** to sign up for a class
 - Tap **CALL** to call us
 - Tap on **WAITLIST** to join the waitlist
 - Tap **CANCEL BOOKING** to remove yourself from a class
 - Tap **APPOINTMENTS** to view Massage Therapy, Personal Training, Private Reformer Pilates, and Swim Lesson appointments
 - *You can book these services from here, but often times, it's easier to book at the Service Desk*
 - **BACK ARROW** (upper left corner)
 - don't be afraid to use it!



o **PROFILE ICON** (bottom right corner)

■ Tap on **SCHEDULE**

- View upcoming and previous bookings for classes and appointments
- Tap to **CANCEL** or **BOOK AGAIN** to easily manage your classes

■ Tap **PASSES**

- these are passes that you have available on your account (note these show expiration dates)

■ Tap **ACTIVITY**

- If interested, you can connect your Fitbit, Strava, or Google Fit on *Android* OR Health App or Fitbit on *Apple iPhone*

■ **SETTINGS** (gear icon in upper right corner) 

- Account Info
- Calendar Syncing
- Contact Us
- More
 - o FAQ's
 - Find answers to questions you didn't know you had!

